INNERFIT

RETURN TO WORK
5 PILLARS TO SUPPORT LEADERS

"There is no blueprint"
That feels like the consensus amongst Wellbeing Leaders right now when it comes to the return to work.
Where do you start?

PEOPLE-FIRST: 5 PILLARS

Start people-first.

In our eyes, this perspective reveals the core needs every organisation must address if they are to shape a successful return to the office. This perspective reveals 5 core pillars leaders and managers need support on:

1 FUNDAMENTALS
Core principles and practicalities of leading on culture & wellbeing

2 MENTAL HEALTH
Spot signs & symptoms and talk about mental health

3 TRUST & BELONGING
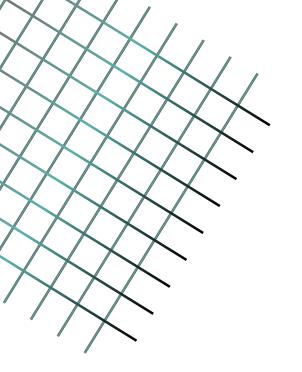Create a supportive and empathetic culture and resolve conflict

4 PERFORMANCE
Maximise productivity and manage team dynamics

5 OWNERSHIP
Boost clarity and flexibility

So, how well are you supporting your leaders across these core pillars?

If you know you could do more, here are some of the 90min Leadership Workshops we have designed to help:

1 FUNDAMENTALS
You, Your Team & the Return to Work

2 MENTAL HEALTH
Conversations for Mental Health

3 TRUST & BELONGING
Be Human & Dissolve Conflict

4 PERFORMANCE
Split teams: Purpose & Performance

5 BELIEFS & BEHAVIOURS
Build Routine & Embrace Change

Returning to work safely and effectively will demand more than a supply masks and hand sanitizer.

It is about cultivating a productive workforce with a focus on relationships, ownership, flexibility, communication and trust.

Get in touch if you would like to discuss your return to work blueprint or any of the workshops listed above.